**Gender Joy**

At Get REAL, we know each person’s identity and journey is completely their own.

We want this program to reflect that uniqueness so we consider gender joy gear to be anything that helps affirm gender identity and achieve gender euphoria.

This includes gaffs, binders, packers, breastforms, bras, transtape, STPs and more.

* Gaffs: a pair of compression underwear; made to be worn… to help trans femme folks… achieve a flatter, more gender-affirmed look. $28-69
* Binders: are used to press one’s chest tissue or breasts down, helping you achieve a flatter look. $43-80
* Packers (plastic penis) $76
* Breastforms: $75-98
* Transtape
* STPs (stand to pee) apparatus: *being able to stand while urinating can relieve feelings of gender dysphoria.*

***We believe that affirming gear also acts as harm reduction.***

From <https://www.thegetrealmovement.com/resources>

This was under *Gender Joy* bullet on Saturday, April 22,2023 but removed when I checked on Monday, April 24th.